

34 400m Individual Medley Women Final last he Official

☰ Entries 1/2 ☰ Heats 🏊 Summary

Total 13 years 14 years 15 years 16-109 years

Rank	Competitor	Age	Club	RT	PTS	Result
1	 Ferguson Ariana	16	 North Cant...			5:26.74 Entry: 5:40.40 (-13.66)
	50m: 33.46	100m: 1:13.06 (39.60)	150m: 1:54.57 (41.51)			
	200m: 2:36.38 (41.81)	250m: 3:22.43 (46.05)	300m: 4:10.66 (48.23)			
	350m: 4:49.44 (38.78)	400m: 5:26.74 (37.30)				
2	 Cain-Townley Bella	15	 Nelson Sou...			5:31.77 Entry: 5:55.82 (-24.05)
	50m: 33.60	100m: 1:13.21 (39.61)	150m: 1:55.40 (42.19)			
	200m: 2:36.70 (41.30)	250m: 3:26.42 (49.72)	300m: 4:16.86 (50.44)			
	350m: 4:54.91 (38.05)	400m: 5:31.77 (36.86)				
3	 Gladwin Chloe	SM19 16	 Whakatane...			5:32.76 Entry: 5:45.07 (-12.31)
	50m: 35.86	100m: 1:17.09 (41.23)	150m: 1:58.97 (41.88)			
	200m: 2:40.16 (41.19)	250m: 3:30.99 (50.83)	300m: 4:21.62 (50.63)			
	350m: 4:58.02 (36.40)	400m: 5:32.76 (34.74)				
4	 Tse Hannah	14	 United Swi...			5:32.83 Entry: 5:44.18 (-11.35)
	50m: 35.72	100m: 1:16.55 (40.83)	150m: 2:00.08 (43.53)			
	200m: 2:43.41 (43.33)	250m: 3:28.27 (44.86)	300m: 4:14.76 (46.49)			
	350m: 4:53.75 (38.99)	400m: 5:32.83 (39.08)				
5	 Singleton Alahna	16	 Ice Breaker...			5:32.95 Entry: 5:41.11 (-8.16)
	50m: 34.12	100m: 1:16.31 (42.19)	150m: 2:01.86 (45.55)			
	200m: 2:47.81 (45.95)	250m: 3:32.54 (44.73)	300m: 4:19.19 (46.65)			
	350m: 4:57.86 (38.67)	400m: 5:32.95 (35.09)				
6	 Lander Ashley	15	 St Paul's S...			5:33.91 Entry: 5:42.37 (-8.46)
	50m: 36.09	100m: 1:19.88 (43.79)	150m: 2:00.14 (40.26)			
	200m: 2:39.58 (39.44)	250m: 3:30.39 (50.81)	300m: 4:20.70 (50.31)			
	350m: 4:57.49 (36.79)	400m: 5:33.91 (36.42)				
7	 Salmons Alyssa	14	 Liz van Wel...			5:37.16 Entry: 5:53.64 (-16.48)
	50m: 36.04	100m: 1:19.94 (43.90)	150m:			
	200m: 2:50.00 (2:50.00)	250m: 3:35.68 (45.68)	300m: 4:21.63 (45.95)			
	350m: 5:00.40 (38.77)	400m: 5:37.16 (36.76)				
8	 Henshaw Jade	16	 Selwyn Swi...			5:37.90 Entry: 5:47.74 (-9.84)
	50m: 32.25	100m: 1:14.02 (41.77)	150m: 1:57.39 (43.37)			
	200m: 2:38.68 (41.29)	250m: 3:31.22 (52.54)	300m: 4:24.33 (53.11)			
	350m: 5:02.40 (38.07)	400m: 5:37.90 (35.50)				
9	 Hughes Keira	16	 Taiari Swim...			5:40.97 Entry: 5:41.53 (-0.56)
	50m: 34.70	100m: 1:15.74 (41.04)	150m: 1:59.52 (43.78)			


200m: 250m: 3:33.28 (3:33.28) 300m: 4:23.46 (50.18)
350m: 5:03.01 (39.55) 400m: 5:40.97 (37.96)

10  Bayley Aariah

16  Nelson Sou...

5:41.97
Entry: 5:47.02 (-5.05)

50m: 34.36 100m: 1:13.77 (39.41) 150m: 1:57.67 (43.90)
200m: 2:41.01 (43.34) 250m: 3:31.19 (50.18) 300m: 4:22.43 (51.24)
350m: 5:03.07 (40.64) 400m: 5:41.97 (38.90)

11  Su Serena

16  Palmerston...

5:42.10
Entry: 5:48.29 (-6.19)

50m: 37.41 100m: 1:23.61 (46.20) 150m: 2:07.50 (43.89)
200m: 2:49.94 (42.44) 250m: 3:39.32 (49.38) 300m: 4:28.11 (48.79)
350m: 5:06.53 (38.42) 400m: 5:42.10 (35.57)

12  Blackmore Isabelle

15  St Paul's S...

5:42.49
Entry: 5:53.11 (-10.62)

50m: 38.01 100m: 1:23.49 (45.48) 150m: 2:09.07 (45.58)
200m: 2:53.03 (43.96) 250m: 3:40.68 (47.65) 300m: 4:27.95 (47.27)
350m: 5:06.53 (38.58) 400m: 5:42.49 (35.96)

13  Migounoff Lara

13  Pukekohe ...

5:42.77
Entry: 6:01.47 (-18.70)


50m: 35.56 100m: 1:16.63 (41.07) 150m: 1:58.33 (41.70)
200m: 2:40.39 (42.06) 250m: 3:34.04 (53.65) 300m: 4:28.01 (53.97)
350m: 5:05.91 (37.90) 400m: 5:42.77 (36.86)

14  Van Der Heijden Keira

15  Selwyn Swi...

5:44.03
Entry: 5:47.09 (-3.06)

50m: 36.72 100m: 1:21.12 (44.40) 150m: 2:01.41 (40.29)
200m: 2:42.06 (40.65) 250m: 3:32.04 (49.98) 300m: 4:24.15 (52.11)
350m: 5:04.65 (40.50) 400m: 5:44.03 (39.38)

15  Calcott Ashley

15  St Paul's S...

5:44.24
Entry: 5:47.53 (-3.29)

50m: 36.63 100m: 1:19.93 (43.30) 150m: 2:03.33 (43.40)
200m: 2:44.63 (41.30) 250m: 3:35.33 (50.70) 300m: 4:26.41 (51.08)
350m: 5:06.62 (40.21) 400m: 5:44.24 (37.62)

16  Blackburn Cayleigh

15  Waterhole ...

5:44.98
Entry: 5:50.57 (-5.59)

50m: 33.74 100m: 1:16.36 (42.62) 150m: 2:01.09 (44.73)
200m: 2:44.00 (42.91) 250m: 3:35.66 (51.66) 300m: 4:26.57 (50.91)
350m: 5:06.08 (39.51) 400m: 5:44.98 (38.90)

17  Watson Elliot

15  Ashburton ...

5:45.78
Entry: 5:52.37 (-6.59)

50m: 36.28 100m: 1:19.09 (42.81) 150m: 2:04.37 (45.28)
200m: 2:48.85 (44.48) 250m: 3:37.85 (49.00) 300m: 4:28.23 (50.38)
350m: 5:07.60 (39.37) 400m: 5:45.78 (38.18)

18  Bowskill Charlotte

15  Pukekohe ...

5:47.94
Entry: 5:53.99 (-6.05)



















50m: 36.43 100m: 1:19.89 (43.46) 150m: 2:03.09 (43.20)
200m: 2:45.44 (42.35) 250m: 3:37.43 (51.99) 300m: 4:28.42 (50.99)
350m: 5:08.93 (40.51) 400m: 5:47.94 (39.01)

19  Yang Mingmae

14  Dannevirke...

5:48.77
Entry: 5:47.55 (+1.22)

50m: 35.25 100m: 1:21.09 (45.84) 150m: 2:04.67 (43.58)
200m: 2:47.71 (43.04) 250m: 3:39.41 (51.70) 300m: 4:31.95 (52.54)
350m: 5:11.02 (39.07) 400m: 5:48.77 (37.75)

20	 Taylor Oxie	14	 SwimZone ...	5:51.82 Entry: 5:56.15 (-4.33)
	50m: 39.22	100m: 1:26.82 (47.60)	150m: 2:12.58 (45.76)	
	200m: 2:57.85 (45.27)	250m: 3:45.25 (47.40)	300m: 4:32.60 (47.35)	
	350m: 5:12.96 (40.36)	400m: 5:51.82 (38.86)		
21	 Wadham Scarlett	13	 Carterton S...	5:52.05 Entry: 6:03.32 (-11.27)
	50m: 39.06	100m: 1:32.17 (53.11)	150m: 2:14.48 (42.31)	
	200m: 2:56.55 (42.07)	250m: 3:47.51 (50.96)	300m: 4:40.59 (53.08)	
	350m: 5:17.81 (37.22)	400m: 5:52.05 (34.24)		
22	 Pui Rachel	13	 Whanganui...	5:52.28 Entry: 5:56.56 (-4.28)
	50m: 35.76	100m: 1:19.03 (43.27)	150m: 2:04.42 (45.39)	
	200m: 2:47.06 (42.64)	250m: 3:40.87 (53.81)	300m: 4:34.82 (53.95)	
	350m: 5:16.02 (41.20)	400m: 5:52.28 (36.26)		
23	 Smith Annabelle	14	 Liz van Wel...	5:53.50 Entry: 5:50.44 (+3.06)
	50m: 35.87	100m: 1:18.22 (42.35)	150m: 2:02.59 (44.37)	
	200m: 2:46.38 (43.79)	250m: 3:39.94 (53.56)	300m: 4:34.40 (54.46)	
	350m: 5:14.89 (40.49)	400m: 5:53.50 (38.61)		
24	 Garrett Iona	14	 QEII Swim ...	5:55.11 Entry: 5:56.66 (-1.55)
	50m: 36.53	100m: 1:19.19 (42.66)	150m: 2:03.55 (44.36)	
	200m: 2:46.88 (43.33)	250m: 3:41.36 (54.48)	300m: 4:34.74 (53.38)	
	350m: 5:15.23 (40.49)	400m: 5:55.11 (39.88)		
25	 Doney Aubrey	13	 Waitaha S...	5:55.28 Entry: 5:55.15 (+0.13)
	50m: 38.73	100m: 1:26.53 (47.80)	150m: 2:11.46 (44.93)	
	200m: 2:53.73 (42.27)	250m: 3:44.97 (51.24)	300m: 4:35.30 (50.33)	
	350m: 5:16.62 (41.32)	400m: 5:55.28 (38.66)		
26	 Drennan Aimee	14	 Jasi Swim ...	5:56.40 Entry: 5:51.96 (+4.44)
	50m: 36.44	100m: 1:22.06 (45.62)	150m: 2:06.44 (44.38)	
	200m: 2:50.42 (43.98)	250m: 3:44.03 (53.61)	300m: 4:38.11 (54.08)	
	350m: 5:18.29 (40.18)	400m: 5:56.40 (38.11)		
27	 McKague Adriana	13	 Pirates Swi...	6:08.45 Entry: 6:04.86 (+3.59)
	50m: 39.63	100m: 1:31.29 (51.66)	150m: 2:19.35 (48.06)	
	200m: 3:05.83 (46.48)	250m: 3:54.98 (49.15)	300m: 4:45.31 (50.33)	
	350m: 5:28.07 (42.76)	400m: 6:08.45 (40.38)		
28	 Richardson Poppy	14	 Mt Maunga...	6:09.22 Entry: 5:55.11 (+14.11)
	50m: 36.92	100m: 1:20.82 (43.90)	150m: 2:07.30 (46.48)	
	200m: 2:52.02 (44.72)	250m: 3:45.62 (53.60)	300m: 4:41.42 (55.80)	
	350m: 5:25.89 (44.47)	400m: 6:09.22 (43.33)		